

**FIRST INSTITUTE'S MASSAGE CLINIC**

Massage Therapy has many beneficial qualities such as relieving stress brought on by day to day life. It can promote peace of mind, relax muscle tension, increase circulation and it can also help foster a healthier lifestyle.



**STUDENT MESSAGE SERVICES**

As part of our Massage Therapy program, students take full advantage of **First Institute's** approach to hands-on training. At our Massage Clinic students not only perfect the art of massage but gain confidence in a professional, real-world setting.

**Swedish Massage**

60 minute Swedish Massage	\$40.00
90 minute Swedish Massage	\$65.00

**Hot Stone Massage**

60 minute Hot Stone Massage	\$60.00
90 minute Hot Stone Massage	\$75.00

*\*\*Hot-Stone has limited availability based on student course completion*

**Special Pricing on 60-Minute Swedish Massage for First Institute Active Students and Graduates**

Active Students	\$20.00
Graduated Students	\$35.00

**Student Massage Hours:**

Monday - Saturday depending on student availability.  
Call for days and times available.

To schedule your appointment today

Call: 815-788-1057

**Relaxation awaits!**

*Massage Clinic Address: 757 McHenry Ave. Crystal Lake, IL 60014*